

GIFT GUIDE 2019



FOR MOTHERS:

- Cupcakes, baked goods in individual portions
- Sealed snacks
- Pamper items (hand cream, toiletries, nail polish etc.)
- Post-natal care items (sanitary towels, breast pads, disposable underwear, hand sanitizer, face wipes)
- Baby bags/ tote bags/ back packs
- Magazines
- Flowers



FOR THEIR BABIES:

- Nappies (cloth and disposables) and wet wipes
- Baby toiletries
- Vests, baby grows, hats and socks
- Swaddling blankets
- Soft toys
- A special book

* please note, unless otherwise stated, all government hospitals are mother-baby friendly units, which means that dummies and bottles are not allowed to be brought into the wards.



FOR THE NURSING STAFF:

- Cake/ cupcakes to share in the tea room
- Flowers
- Hand cream